Biokinetics of zinc and cadmium accumulation and depuration at different stages in the life cycle of the cuttlefish *Sepia officinalis*

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ABSTRACT: Bioaccumulation of ⁶⁵Zn and ¹⁰⁹Cd by the cuttlefish *Sepia officinalis* L. was studied at different stages of its life cycle, i.e. in embryos, juveniles and adults, following exposures via sea water. sediments and food. Cuttlefish eggs efficiently accumulated both elements from seawater with bioconcentration factors of 79 for ⁶⁵Zn and 46 for ¹⁰⁹Cd after 11 d exposure. Most of the radiotracers were found in the capsule membrane of the eggs, demonstrating that the capsule acts as a shield to protect embryos against metals. Juveniles and adults efficiently bioconcentrated both radiotracers from seawater, with the muscular tissues containing 84 % of the total ⁶⁵Zn and 62 % of the total ¹⁰⁹Cd. Loss kinetics followed a single exponential function for ⁶⁵Zn, while for ¹⁰⁹Cd loss was best described by a double exponential model. Biological half-lives for elimination were ca. 2 mo for both elements. After 29 d depuration in uncontaminated seawater, 76 to 87 % of the radiotracers were found in the digestive gland. For both elements, the dissolved phase can be considered as a significant source of accumulation. In an experiment with radiolabelled sediments, transfer factors were very low, even after 29 d exposure. Food-chain transfer experiments demonstrated that both juveniles and adults assimilated ⁶⁵Zn and ¹⁰⁹Cd very efficiently. Moreover, loss of ingested radiotracers was much slower than elimination of ⁶⁵Zn and ¹⁰⁹Cd taken up from seawater, indicating a very strong retention of dietary Cd and Zn by juvenile as well as by adult cuttlefish. As with direct uptake from seawater, ingested radiotracers were mainly found in the digestive gland, with fractions reaching 82 % for 65 Zn and 97 % for 109 Cd after 29 d depuration. These tracer experiments indicate that (1) food is the likely primary pathway for Zn and Cd bioaccumulation in S. officinalis, and (2) the digestive gland plays a major role in the subsequent storage and presumed detoxification of these elements regardless of the uptake pathway.

KEY WORDS: Zinc \cdot Cadmium \cdot Bioaccumulation \cdot Depuration \cdot Cephalopods \cdot Sepia officinalis \cdot Radiotracers

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INTRODUCTION

Cephalopods constitute a class of marine molluscs which are found in a great variety of habitats from coastal waters to very deep ocean environments. They have also been found living under extreme conditions such as near hydrothermal vents (e.g. the hydrothermal octopus *Vulcanoctopus hydrothermalis*: Gonzalez et al. 1998). Cephalopods are benthic (e.g. octopusses), nectobenthic (cuttlefishes), neritic and pelagic (squids), and it follows that they are a primary food source for many marine predators such as marine mammals or seabirds (Clarke 1996, Croxall & Prince 1996, Smale 1996).

Whatever their morphological and evolutionary diversity and heterogeneity in their geographic distribu-

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tion, cephalopods have in common the ability to concentrate Cd at extremely high levels (Martin & Flegal 1975, Miramand & Guary 1980, Finger & Smith 1987, Miramand & Bentley 1992, Bustamante et al. 1998a, 2000). Cephalopods are therefore a potential threat for higher trophic levels. Indeed, their predators are well known to display high Cd concentrations also (Bustamante et al. 1998b). The reason for such a high Cd bioaccumulation capacity is still poorly understood. Thus, the primary objective of the present work was to investigate the biokinetics of Cd uptake and elimination in cephalopods in order to better characterize their bioaccumulation, tissue distribution and retention capacity.

The common cuttlefish *Sepia officinalis* was selected as a model to study Cd transfer in cephalopods via sediments, seawater and food. Furthermore, bioaccumulation was followed at different stages of the life cycle of *S. officinalis*, viz. in embryos, early juveniles and adults, to better define the physiological basis for enhanced Cd bioconcentration.

In addition to Cd, Zn was also considered in this study. This essential element has chemical properties similar to those of Cd that, in turn, could interfere with Zn metabolism (Nieboer & Richardson 1980). Biokinetics were determined using carrier-free radiotracers in order to measure element fluxes in real time at environmentally realistic contaminant concentrations (Fisher et al. 1991, Warnau et al. 1996).

MATERIALS AND METHODS

Organisms. Eggs, newly hatched juveniles and adult common cuttlefish (*Sepia officinalis* L.) were used in the experiments. Cuttlefish eggs were obtained from the Marine Station of Banyuls sur Mer (France) and were maintained in an aquarium until hatching. Young cuttlefish were then kept in a separate aquarium (open circuit, 20 l h⁻¹ flow rate, constant aeration, 38 psu, $16.5 \pm 0.5^{\circ}$ C, 12:12 h light:dark cycle) and fed with brine shrimp (*Artemia* sp.) for several days before the experiments.

In addition, 2 different groups of adults were investigated. The first group was reared in the Musée Océanographique (Principality of Monaco) from hatching to 1 yr old organisms, and conditioned to feed on dead fishes and mussels. The second group consisted of adults collected by net-fishing off Monaco. They were maintained individually in aquaria for acclimation to laboratory conditions for 2 wk prior to investigations. During acclimation, the wild cuttlefish were also conditioned on a diet of dead fishes and mussels.

In order to maintain the cuttlefish in good living conditions and to prevent cannibalism, food was provided ad libitum to both size classes before and during the experiments. Different food items were given to young and adult cuttlefish because of their specific biological characteristics: the diet of young individuals is restricted to small, relatively soft and fleshy crustaceans, while adults feed on larger crustaceans including crabs, molluscs (including cephalopods), and fishes (Boucher-Rodoni et al. 1987).

Prior to any experimentation, adults were anaesthetised in seawater containing 2% ethanol in order to determine their sex, weight and mantle length. At the same time, a numbered plastic marker was inserted into the mantle fin to identify each individual.

Radiotracers and radioanalyses. Carrier-free radiotracers, ⁶⁵Zn ($T_{1/2}$ = 243.9 d) and ¹⁰⁹Cd ($T_{1/2}$ = 462.6 d), were purchased from Amersham, UK. Stock solutions of ⁶⁵Zn and ¹⁰⁹Cd were prepared in 0.1 N HCl.

Activities of the radiotracers were measured using a high-resolution γ -spectrometry system consisting of coaxial Ge N or P type detectors (EGNC 33-195-R, Intertechnique) connected to a multichannel analyser and a PC employing spectral analysis software (Interwinner, Intertechnique). The absolute activities of the samples were determined by comparison with known standards of appropriate geometry and were corrected for background and physical decay of the radiotracers.

Counting times were adapted to obtain relative propagated errors <5%. However, in a few cases, this counting precision could not be obtained even after 48 h of counting due to the very low activity in some minute organs. Counting times ranged from 10 min to 1 h for whole cuttlefish, mussel and brine shrimp radioanalyses, and from 10 min to 48 h for the dissected tissues.

Experimental procedures. Contamination of *Sepia officinalis* through the sediments, seawater and food was determined as follows:

Contamination from sediments: A group of 9 newly hatched cuttlefish (mean wet weight \pm SD = 0.327 \pm 0.063 g) were placed for 29 d in a 20 l plastic aquarium (open circuit, 20 l h⁻¹ flow rate, constant aeration, 38 psu, $16.5 \pm 0.5^{\circ}$ C) containing ca. 3 l of natural seawater running over a 4 cm layer of spiked sediments containing 120 \pm 9 kBq ⁶⁵Zn g⁻¹ and 49 \pm 8 kBq ¹⁰⁹Cd q⁻¹ wet wt throughout the experimental period. The depth of the seawater was kept low to minimise movements connected with feeding and to maximise the time of contact with the sediments. All cuttlefish were fed twice daily with Artemia salina and were periodically y-counted to follow the radiotracer uptake kinetics. At the end of the experiment, 3 individuals were dissected to determine the distribution of the radiotracers among the digestive gland, cuttlebone and remainder (rest of the organs).

Contamination from seawater: Eggs, juveniles and adults were examined separately, as follows:

Eggs: The eggs were placed in a 75 l glass aquarium containing natural seawater spiked with 65 Zn (6 kBq l⁻¹) and 109 Cd (13 kBq l⁻¹) for 11 d. Spiked activities corresponded to very low additions of stable metals in the seawater, viz. 0.3 pM Zn and 1.16 pM Cd; this allowed experimentation under simulated conditions that were environmentally realistic.

The spiked seawater was changed daily to maintain radiotracer concentrations relatively constant and to avoid any build-up of exometabolites. During the experiment, activities of the eggs were measured on Days 1, 2, 3, 6, 9, and 11. At each measurement time, 3 eggs were dissected to determine the distribution of the tracers among the capsule membrane, periembryonar liquid and embryo.

Juveniles: Eight newly hatched cuttlefish (mean weight \pm SD = 0.460 \pm 0.060 g) were placed for 36 h in a 20 l plastic aquarium containing seawater spiked with 65 Zn (6 kBq l⁻¹) and 109 Cd (13 kBq l⁻¹). After this period, radiolabelled juveniles were held for 29 d in clean flowing seawater (75 l glass aquarium, open circuit, 20 l h⁻¹ flow rate, constant aeration, 38 psu, 16.5 \pm 0.5°C). To facilitate the retrieval and counting of each individual during the loss experiment, the juveniles were held individually in the aquaria in separate circular plastic containers (10 cm diameter, 5 cm height) covered with a plastic netting. They were fed twice daily with Artemia sp. and were periodically γ -counted to follow the radiotracer-loss kinetics. After 29 d of loss, 4 individuals were dissected to determine the distribution of the tracers among digestive gland, cuttlebone and remainder.

Adults: A group of 5 sexually mature male cuttlefish (mean weight \pm SD = 253 \pm 97 g) was held for 8 h in a 75 l glass aquarium containing seawater spiked with 20 kBq ⁶⁵Zn l⁻¹ and 13 kBq ¹⁰⁹Cd l⁻¹. In terms of stable metal addition, these activities corresponded to concentrations of 1 pM Zn and 1.16 pM Cd. Afterwards, the cuttlefish were radioanalysed and transferred to a flowing seawater aquarium (3000 l, open circuit, 600 l h⁻¹ flow rate, constant aeration, 38 psu, $16.5 \pm 0.5^{\circ}$ C) for 6 d. Three adults were dissected after 24 h and the remainder after 6 d of depuration. For each individual, the branchial heart appendages, branchial hearts, gills, digestive tract (after removal of the gut contents), genital tract, ink sack, digestive gland, kidneys, mantle skin, mantle muscle, head and cuttlebone were separated, weighed, and their radiotracer content measured.

Contamination through food: To better reflect the different feeding habits of juvenile and adult cuttlefish (Boucher-Rodoni et al. 1987), 2 different prey were selected for the feeding experiments. Mussels (*Mytilus galloprovincialis*) and brine shrimp (*Artemia* sp.) were exposed for 7 d in a plastic aquarium containing 4 l of natural seawater spiked with 6 kBq 65 Zn l⁻¹ and

13 kBq $^{109}Cd\,l^{-1}.$ The radiolabelled seawater was changed daily and the organisms were subsequently used as food for cuttlefish.

Juveniles: Eight newly hatched cuttlefish (mean weight \pm SD = 0.380 \pm 0.030 g) were placed in individual plastic containers (10 cm diameter, 5 cm height), and held in a 75 l glass aguarium under the same conditions as in the previous experiments. These individuals were then fed for 1 h with the previously radiolabelled Artemia sp. At the end of the feeding period, each individual was immediately y-counted. From that time on, the cuttlefish were fed twice a day with uncontaminated Artemia sp. and regularly γ -counted to determine radiotracer-loss kinetics and assimilation efficiency. Throughout the depuration period, faeces were removed 3 times per day reduce direct contamination by recycled radiotracers leaching from the faeces. After 29 d, five juveniles were dissected to determine body distribution of the radiotracer.

Adults: Eighteen sexually mature cuttlefish (11 females and 7 males; mean weight \pm SD = 164 \pm 34 g and 107 \pm 23 g, respectively) were placed in a 3000 l aquarium under the conditions described above and fed for 2 h with the soft parts of the previously labelled mussels. Following ingestion, each individual was γ -counted and the same procedure followed as for the juveniles. In addition, 3 adult cuttlefish were dissected after each radioanalysis to determine the radiotracer content of their different tissues.

Data analyses. Uptake of the radiotracers from seawater and sediments was expressed as change in concentration factors (CF) and transfer factors (TF) (CF and TF = Bq g^{-1} wet organism divided by the time-integrated Bq g^{-1} in seawater or sediments, respectively) over time. Uptake kinetics in the eggs were described using a single-component first-order kinetic model:

$$CF_t = CF_{equil} (1 - e^{-kt})$$

where CF_t and CF_{equil} are concentration factors at Time t (d) and steady state, respectively, and k is the rate constant (d⁻¹) (Whicker & Schultz 1982).

Radiotracer elimination was expressed in terms of percentage of remaining radioactivity, i.e. radioactivity at Time *t* divided by initial radioactivity measured in the organisms at the beginning of the depuration period. When radiotracer loss plotted against time displayed an exponential shape, the kinetics were described either by single-component exponential model:

$$A_t = A_0 e^{-\lambda t}$$

where A_t and A_0 are remaining activities (%) at Time *t* (d) and 0, respectively, and λ is the depuration rate constant (d⁻¹) which allows the calculation of the radio-tracer biological half-life ($T_{\rm b1/2} = \ln 2/\lambda$), or by a 2-component exponential model:



Fig. 1. Sepia officinalis. Transfer factors of ⁶⁵Zn and ¹⁰⁹Cd over time in whole cuttlefish exposed to spiked sediments (mean transfer factor, TF₁ \pm SD₁ n = 9 on Days 0 to 22, and n = 3 on Day 29). (Transfer factor calculated as Bg g^{-1} wet wt \div timeintegrated Bq q^{-1} sediment)

$$A_t = A_{0_c} e^{-\lambda_s t} + A_{0_1} e^{-\lambda_1 t}$$

where the s subscript refers to a short-lived component (s component) and the l subscript refers to a long-lived component (l component) (Hubbell et al. 1965, Whicker & Schultz 1982). The exponential model showing the best fit (decision based on calculation of the determination coefficients, R₂, and examination of the residuals) was then selected.

Constants of the models and their statistics were estimated by iterative adjustment of the model and Hessian matrix computation, respectively, using the nonlinear curve-fitting routines in the Systat 5.2.1 software (Wilkinson 1990). Changes in radiotracer distribution among cuttlefish tissues were tested for significance by the G procedure (adapted from the log-likelihood ratio test) for $2 \times k$ contingency tables (Zar 1996). Changes in percent of radioactivity in a single tissue during the depuration period were tested by 1-way ANOVA (after arcsine transformation of data) followed by the Tukey's multiple comparison test. The significance level for statistical analyses was always set at $\alpha = 0.05$.

RESULTS

Contamination from sediments

Although cuttlefish spend most of their time on the bottom sediments, very low activities were recorded in the individuals exposed to spiked sediments, even after an exposure as long as 29 d. The transfer factors between sediment and cuttlefish remained <0.10 for both ⁶⁵Zn and ¹⁰⁹Cd (Fig. 1). The heterogeneity of the results was substantial and no realistic accumulation kinetics could be calculated for this experiment.

After 29 d, the dissection of 3 individuals showed that the digestive gland contained most of the 2 metals studied, i.e. $75 \pm 8\%$ for 65 Zn and $68 \pm 7\%$ for 109 Cd, while the remainder and cuttlebone contained 23 ± 8 and 2.5 \pm 0.1% for ⁶⁵Zn and 20 \pm 6 and 11 \pm 1% for ¹⁰⁹Cd, respectively.

Contamination from seawater

Eggs

The experiment was carried out over 11 d, at the end of which period elevated concentration factors had been reached in the eggs for both 65 Zn (79 ± 5 SD) and



Fig. 2. Sepia officinalis. Uptake of ⁶⁵Zn and ¹⁰⁹Cd in whole eggs exposed for 11 d to radiotracer in sea water (mean concentration factor, CF, \pm SD, n = 3). Fitted model: CF_t = CF_{equil} (1–e^{-kt}); CF_{t} , CF_{equil} : concentration factors at Time t (d) and steady state, respectively; k: rate constant (d^{-1}) ; R₂: determination coefficient; p: probability of model adjustment. (CF =

Percentage

 109 Cd (46 ± 2 SD). The uptake of both tracers displayed saturation kinetics (Fig. 2). Most of the radiotracers (96 to 99% for 65 Zn and 99% for 109 Cd) was always associated with the capsule membrane of the eggs (Fig. 3).

Juveniles and adults

Due to obvious safety problems resulting from maintenance of cuttlefish in aquaria containing spiked seawater, the exposure time was shortened as much as possible. Preliminary experiments indicated that a 36 h exposure was necessary for juveniles to achieve activity levels suitable for efficient detection; an 8 h exposure was found to be sufficient for adults.

Activities (Bq g^{-1} wet wt) recorded in the different cuttlefish tissues after an 8 h exposure are given in Table 1. In the adults, 65 Zn exhibited the highest activities in the skin and gills (121 and 119 Bq g^{-1} , respectively) while the branchial hearts contained the highest activities of 109 Cd (185 Bq g^{-1}). 65 Zn appears to be more bioavailable to cuttlefish than 109 Cd, since the whole-body CF was 3 times higher for Zn than for Cd.

The distributions of the radiotracers in body compartments of adult and juvenile cuttlefish are presented in Tables 1 (6 d depuration) & 2 (29 d depuration), respectively. Following exposure, the muscles of adults (i.e. mantle muscle and skin and the head) contained the highest fraction of both radiotracers (84 % for ⁶⁵Zn and 62 % for ¹⁰⁹Cd). The digestive gland contained the second highest proportion of ¹⁰⁹Cd (i.e. 25%). After 6 d depuration, the global distribution of radiotracers changed, with the fraction of ⁶⁵Zn increasing significantly in the digestive gland (p = 0.001), and



Fig. 3. Sepia officinalis. Radiotracer distribution (mean %) among the egg compartments at different times during the uptake phase

 109 Cd in the branchial hearts (p = 0.004) and appendages (p = 0.005). In contrast, the tissues in direct contact with seawater generally exhibited a

Tissue	% fresh weight			- ⁶⁵ Zn				109	°Cd —		
	5	Acc	umulation (8 h)	Depurati	on (6 d)	Acc	umulation	(8h) I	Depuration	1 (6 d)
		CF	Activity	%	Activity	%	CF	Activity	%	Activity	%
Branchial heart appendages	0.03 ± 0.004	2.2 ± 0.6	44 ± 12	<1	47	<1	1.8 ± 0.8	23 ± 10	<1	129	1
Branchial hearts	0.10 ± 0.02	2.8 ± 0.9	56 ± 17	<1	44	<1	14.2 ± 8.8	185 ± 114	2 ± 2	800	13
Gills	2.3 ± 0.3	6.0 ± 2.1	119 ± 42	7 ± 0.1	51	3	1.5 ± 0.5	20 ± 7	5 ± 1	7	3
Digestive tract	2.6 ± 0.6	1.5 ± 0.5	30 ± 9	2 ± 0.3	26	2	0.6 ± 0.3	8 ± 4	2 ± 1	4	2
Genital tract	3.6 ± 1.0	0.9 ± 0.3	17 ± 6	2 ± 0.3	29	3	0.3 ± 0.2	4 ± 2	2 ± 1	2	1
Ink sack	0.6 ± 0.2	1.5 ± 1.1	29 ± 21	<1	14	<1	0.4 ± 0.2	5 ± 3	<1	1	<1
Skin	6.4 ± 2.1	6.1 ± 5.3	121 ± 105	17 ±5	50	8	0.9 ± 0.7	12 ± 9	6 ± 3	5	5
Digestive gland	4.3 ± 1.2	2.3 ± 1.8	45 ± 35	5 ± 2	536	42	4.5 ± 3.8	58 ± 49	25 ± 10	0 91	42
Kidney	0.07 ± 0.07	3.6 ± 1.6	72 ± 31	<1	87	<1	1.2 ± 0.6	16 ± 8	<1	5	<1
Muscle	35 ± 2	1.0 ± 0.4	20 ± 8	18 ± 2	14	13	0.3 ± 0.2	4 ± 2	14 ± 4	2	9
Head	40 ± 1	2.4 ± 0.8	48 ± 16	49 ± 4	24	26	0.7 ± 0.1	9 ± 1	42 ± 13	3 1	26
Cuttlebone	5.1 ± 0.6	0.1 ± 0.1	2 ± 2	<1	8	1	0.1 ± 0.0	1 ± 0	<1	<1	<1
Whole cephalop	od 100	3.8 ± 1.4	76 ± 27	100	65	100	1.3 ± 0.3	17 ± 4	100	13	100

Table 1. Sepia officinalis. Concentration factor (CF), radiotracer concentrations (mean Bq g^{-1} wet wt ± SD) and distribution (mean % ± SD) in the organs of adult cuttlefish after 8 h exposure to sea water (n = 3) and after 6 d depuration (n = 2)

65Zn

Table 2. Sepia officinalis. Radiotracer distribution (mean $\% \pm$
SD) among 3 body compartments of juvenile (J) and adult (A)
cuttlefish exposed via sediments, sea water, and food fol-
lowed by 29 d depuration in uncontaminated sea water

Experiment	n	(Digestive gland	Compartmen Cuttlebone	t Remainder
Sediments (J)	3			
⁶⁵ Zn		75 ± 8	3 ± 0	23 ± 8
¹⁰⁹ Cd		68 ± 7	11 ± 1	20 ± 6
Sea water (J)	4			
⁶⁵ Zn		87 ± 3	0.6 ± 0.1	13 ± 3
¹⁰⁹ Cd		76 ± 4	1.3 ± 0.5	23 ± 4
Artemia sp. (J)	5			
⁶⁵ Zn		82 ± 2	1.3 ± 0.9	17 ± 2
¹⁰⁹ Cd		91 ± 3	1.2 ± 0.9	8 ± 3
Mussels (A)	3			
⁶⁵ Zn		79 ± 4	2 ± 1	19 ± 2
¹⁰⁹ Cd		97 ± 0	<1	3 ± 0

lower percentage of radioactivity after 6 d depuration. This is particularly obvious in the case of 65 Zn in the gills (p < 0.001) and head (p = 0.007) (see Table 1).

Loss of ⁶⁵Zn in juvenile cuttlefish followed a singlecomponent exponential model (Fig. 4A, Table 3), with a $T_{\rm b1/2}$ of ca. 2 mo. In contrast, loss of ¹⁰⁹Cd was best described by a 2-component model (Fig. 4B, Table 3). The short-term component was characterised by a very short $T_{\rm b1/2}$ (~14 h), while the long-lived loss component which represented a large fraction of the ¹⁰⁹Cd content (A_{o_l} = 71%) turned over with a $T_{\rm b1/2}$ of ca. 65 d.

After 29 d in uncontaminated seawater, both tracers were found in highest proportions in the digestive gland of the young cuttlefish (from 76 to 87 %: Table 2) and in lowest proportions in the cuttlebone (~1% of the total activity).

Contamination through food

Eighteen adult cuttlefish ingested 123 radiolabelled mussels in 2 h and 8 juveniles were fed radiolabelled brine shrimp ad libitum for 1 h. The cuttlefish and their prey were immediately γ -counted for their tracer content (Table 4).

The loss kinetics of ⁶⁵Zn and ¹⁰⁹Cd ingested with food displayed a 2-component exponential model for both juveniles (Fig. 4C, D, Table 3) and adults (Fig. 4E, F, Table 3). For adults, the short-lived component involved about half the total activity in whole cuttlefish (59% for Zn and 47 % for Cd), and both elements had very short $T_{\rm b1/2_{\circ}}$ (ca. 10 h) (Table 3). The short-lived loss component represented a smaller fraction of radiotracer (38% for both elements) for juveniles than for adults (Table 3). The long-lived component of ¹⁰⁹Cd depuration had very low deputation rate constants (λ_1), which resulted in a very long $T_{b1/2l}$ in both juvenile and adult cuttlefish (>250 d). In contrast, in the young cephalopods, slow depuration rates characterising the long-lived component were noted for 65 Zn ($T_{b1/2}$ = 173 d), while in adults, depuration rates were much faster ($T_{\rm b1/2}$ = 38 d). Young individuals incorporated metals more efficiently from brine shrimp (assimilation efficiency, AE = 63% for Zn and 62% for Cd) than did adults ingesting mussels (AE = 59% for Zn and 47 % for Cd) (Table 3).

The distribution of radioactivity in cuttlefish tissues was determined on several occasions for adults (Table 5), but only at the end of the loss period for juveniles (Table 2). At the end of the depuration period, the highest proportion of radiotracer was found in the digestive gland (i.e. 79 and 97% in adults and 82 and 91% in juveniles for ⁶⁵Zn and ¹⁰⁹Cd, respectively). In adults, tissue distribution of ⁶⁵Zn varied significantly during the experiment (*G*-test, p < 0.05) (Table 5). The proportion of ⁶⁵Zn activity decreased in the muscular

Table 3. Sepia officinalis. Parameters of the equations describing the loss kinetics of ⁶⁵Zn and ¹⁰⁹Cd in whole cuttlefish previously exposed through different pathways: (1) juveniles previously exposed for 36 h to radiotracers in sea water; (2) juveniles fed labelled brine shrimp *Artemia* sp.; (3) adults that received a single ration of labelled mussels *Mytilus galloprovincialis*. O, T: 1- and 2-component loss models, respectively; ASE: asymptotic standard error; R²: determination coefficient; p: probability of model adjustment. See 'Materials and methods—Data analyses' for other abbreviations and for calculations

Pathway	Model	$A_{0_s}(ASE)$	ls (ASE)	$T_{\rm b1/2_s}$	$A_{0_l}(ASE)$	λ/(ASE)	$T_{\rm b1/2_l}$	R ²	р
(1) Sea water exposu	re								
⁶⁵ Zn	Ο	92.5 (2.0)	0.013 (0.002)	53	_	_	_	0.98	< 0.001
^{109}Cd	Т	29.2 (6.7)	1.131 (0.530)	0.6	71.4 (4.2)	0.011 (0.005)	65	0.96	< 0.001
(2) Labelled brine shi	rimp expos	ure							
⁶⁵ Zn	Т	37.5 (3.9)	1.044 (0.232)	0.7	63.2 (2.3)	0.004 (0.003)	173.3	0.98	< 0.001
¹⁰⁹ Cd	Т	37.8 (6.3)	0.653 (0.223)	1.1	62.3 (4.4)	0.003 (0.004)	256.7	0.96	< 0.001
(3) Labelled mussel e	xposure								
⁶⁵ Zn	Т	59.1 (4.2)	1.940 (0.545)	0.36	40.9 (3.0)	0.018 (0.007)	38	0.95	< 0.001
¹⁰⁹ Cd	Т	46.7 (6.5)	1.509 (0.817)	0.46	53.1 (4.6)	-0.010 (0.006)	∞	0.91	< 0.001



Fig. 4. Sepia officinalis. (A, B) Loss of ⁶⁵Zn and ¹⁰⁹Cd in whole juvenile cuttlefish previously exposed to radiolabelled sea water for 36 h (mean remaining activity ± SD, n = 8 on Day 0 and n = 4on Day 29); (C, D) loss of ⁶⁵Zn and ¹⁰⁹Cd in whole juvenile cuttlefish previously fed radiolabelled Artemia sp. (mean remaining activity \pm SD, n = 8 on Day 0 and n = 5 on Day 29); (E, F) loss of 65Zn and 109Cd in whole adult cuttlefish previously fed radiolabelled mussels (mean remaining activity \pm SD, n = 18 on Day 0 and n = 3 on Day 29). Parameters of equations given in Table 3

tissues (mantle muscle and cephalic parts) and increased in the digestive gland (Tukey test, p = 0.021), suggesting a lower depuration rate in the digestive gland than in other organs (Table 5). For ¹⁰⁹Cd, a *G*-test did not indicate any significant difference among radioactivity distributions during the experiment.

DISCUSSION

The use of radiotracers in very low concentrations allows the investigation of trace metal metabolism at environmentally realistic conditions. Furthermore, these radiotracer experiments permit the simultaneous investigation of several elements without interelement interferences.

During embryonic development, Zn and Cd were efficiently taken up from seawater by the eggs, with a CF of 79 for ⁶⁵Zn and 46 for ¹⁰⁹Cd after only 11 d exposure. However, most of the radiotracers was associated with the capsule membrane of the egg, which thus would act as an efficient shield protecting the embryo against direct metal exposure. This observation is surprising for Zn, since it is an element essential for the development of the embryos. This may in fact explain the large amounts of this metal occurring in cephalo-

Table 4. Radioactivity (mean \pm SD) in *Mytilus galloprovincialis* soft parts (n = 20) and in *Artemia* sp. (n = 10) used as radiolabelled food for adult and juvenile *Sepia officinalis*, respectively, and radioactivity (Bq, range) in both groups of *S. officinalis* fed these prey

Radiotracer	<i>M. galloprovincialis</i> (n = 20) (Bq g^{-1} wet wt)	<i>S. officinalis</i> (n = 18 adults) (Bq)	Artemia sp. Bq ind. ^{-1} (n = 10)	<i>S. officinalis</i> (n = 8 juveniles) (Bq)
⁶⁵ Zn	780 ± 129	249-4284	10.92 ± 0.32	30–98
¹⁰⁹ Cd	996 ± 162	117-4126	7.19 ± 0.37	19–68

Tissues	1 d		18	d	29 d		
	⁶⁵ Zn	¹⁰⁹ Cd	⁶⁵ Zn	¹⁰⁹ Cd	⁶⁵ Zn	¹⁰⁹ Cd	
Branchial heart appendages	<1	<1	<1	<1	<1	<1	
Branchial heart	<1	1 ± 0	<1	<1	<1	<1	
Gill	3 ± 0	<1	1 ± 0	<1	1 ± 0	<1	
Digestive tract	4 ± 1	3 ± 1	2 ± 0	2 ± 0	2 ± 0	2 ± 0	
Genital tract	3 ± 0	<1	2 ± 0	<1	2 ± 0	<1	
Ink sack	<1	<1	4 ± 2	<1	5 ± 0	<1	
Skin	4 ± 1	<1	1 ± 0	<1	1 ± 0	<1	
Digestive gland	45 ± 6	92 ± 2	74 ± 5	97 ± 1	79 ± 4	97 ± 0	
Kidney	<1	<1	<1	<1	<1	<1	
Muscle	16 ± 1	1 ± 0	6 ± 1	<1	4 ± 0	<1	
Head	22 ± 5	2 ± 0	11 ± 3	1 ± 0	7 ± 1	1 ± 0	
Cuttlebone	1 ± 0	<1	1 ± 0	<1	2 ± 1	<1	

Table 5. Sepia officinalis. Radiotracer distribution (mean % ± SD, n = 3) among the tissues and organs of adult cuttlefish exposed to the radiotracers through food, after 3 different periods of depuration in uncontaminated sea water

pod ovaries, such as in the squid *Illex argentinus* in which the female gonad may account for 13.6% of the total Zn body burden (Gerpe et al. 2000). This suggests that eggs contain enough Zn for the needs of the embryo, and that additional metal could become toxic for the embryo. In fact, Zn incorporation may also be blocked to inhibit Cd from crossing the capsule membrane, since the latter element has chemical properties similar to Zn and follows the same uptake pathways. Nevertheless, the exact mechanism causing the specific blockage of both metals in the capsule membrane of the eggs remains unknown.

Although the experimental contamination via seawater was only carried out for a short period of time, the activities recorded in the whole cuttlefish suggest that they would efficiently accumulate these 2 elements directly from water. In other invertebrates such as echinoderms or bivalves, the major fraction of the radiotracers was found in the calcified parts, i.e. the body wall of sea urchins (Warnau et al. 1996) and the shell of mussels (Guary 1980, Fisher et al. 1996). Although the cuttlefish Sepia officinalis has a calcareous compartment (the cuttlebone) representing ca. 5% of the total body weight, this contained <1% of the total radioactivity of ⁶⁵Zn and ¹⁰⁹Cd after seawater exposure. This may be due to the internal location of the cuttlebone, which has no direct contact with ambient seawater. Thus, trace elements are distributed more homogeneously among cuttlefish tissues than in invertebrates with calcareous compartments directly in contact with seawater (bivalves) or protected by a thin epidermis (sea urchins). In S. officinalis, most of the tracers taken up, i.e. 84% for 65 Zn and 62% for 109 Cd, were located in the tissues in direct contact with seawater, i.e. mantle, skin of the mantle, and head.

If direct sorption of metals onto the cuttlebone is not possible (it is entirely surrounded by muscular tissue), transfer and redistribution of Cd to this compartment would be expected, since the cuttlebone is mainly composed of calcium carbonate. Indeed, Cd mimics Ca because of their similar ionic radius (Huheey 1983). Therefore, due to its mineral composition, the cuttlebone of *Sepia officinalis* could play a storage role for some elements, including Cd. However, the results presented here showed that transfer of radiotracers to the cuttlebone were very limited (even after a long depuration period) following either seawater or food exposure (Tables 2 & 5).

After 6 d in uncontaminated seawater, the 2 elements were found to be distributed differently among body compartments (Table 1). This allowed the determination of 3 distinct groups of tissues: (1) those in which the percentage of total radioactivity had decreased (muscular parts and gills); (2) those in which there was an increase in the percentage of total radioactivity (i.e. digestive gland, branchial hearts and appendages); and (3) those in which the percentage of the radioactivity remained similar (cuttlebone, kidney, ink sack, genital tract and gut). The tissues of the first group might have rapid depuration rates, while those of the second group (which are also known or supposed detoxification organs: Mangold et al. 1989) would have either a longer retention capacity or would be the targets of preferential translocation of the elements from other organs. A similar distinction for the tissues has been made for the squid Sepioteuthis lessoniana exposed to stable Cd in seawater (Koyama et al. 2000); in that study, the concentration of Cd in the digestive gland was still increasing several d after the beginning of depuration, while loss was immediate in the gills and mantle. Koyama et al. suggested a stronger retention of the metal in the digestive gland than in other organs. Nevertheless, our results clearly demonstrated (1) the translocation of Zn to the diges-

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tive gland, where the activity was more than 10 times higher after 6d depuration, and (2) the translocation of Cd to the branchial hearts and appendages, in which activities increased by a factor of 5 and 4, respectively, over the same period of time (see Table 1).

After bioaccumulation from seawater, Zn and Cd were released from juvenile cuttlefish following a single component (⁶⁵Zn) or a 2-component (¹⁰⁹Cd) exponential loss kinetics. Whole body loss was relatively slow for both ⁶⁵Zn and ¹⁰⁹Cd, with mean biological half-lives of 53 and 65 d, respectively. Our results are guite similar to those obtained for Zn in the octopus Octopus vulgaris, which displayed a mean half-life of 74 d (Ueda et al. 1985). Comparison for ¹⁰⁹Cd retention with other cephalopod species is not possible as there are apparently no data available in the literature. However, similar half-lives for 109Cd have been reported for other mollusc species such as the mussels Mytilus edulis (67 to 78 d) and M. galloprovincialis (16 to 60 d) (Fisher et al. 1996, Wang et al. 1996). For these bivalves, the dissolved phase is usually considered a significant source of metal accumulation (Nolan & Dahlgaard 1991, Wang et al. 1996), since they have high filtration rates and can process large volumes of seawater. As the respiration rates of cephalopods are lower than the filtration rates of bivalves, the dissolved phase might be of less importance for metal uptake in cephalopods than it is in bivalves.

After 29 d depuration, the residual radioactivity was mainly located in the digestive gland. Thus, the digestive gland appears to be the major storage organ for both Zn and Cd. It is also noteworthy that ¹⁰⁹Cd activities in branchial hearts were relatively elevated following exposure to contaminated seawater (Table 1). After 6 d loss, branchial hearts and appendages exhibited a significantly higher percentage of total ¹⁰⁹Cd than at Day 0. In fact, the branchial hearts of cephalopods generally contain very low Cd concentrations (Miramand & Guary 1980, Miramand & Bentley 1992), even though they concentrate many elements such as copper, iron, cobalt, nickel or vanadium (Nakahara et al. 1979, Ueda et al. 1979, Miramand & Guary 1980, Miramand & Bentley 1992). Radiotracer investigations of Octopus vulgaris have also shown the ability of this octopus to concentrate radionuclides such as americium and plutonium in their branchial hearts and appendages (Guary et al. 1981, Guary & Fowler 1982). Furthermore, ²⁴¹Am is eliminated only very slowly from octopus tissues (Guary & Fowler 1982). In contrast, Cd has a very short retention time in branchial hearts in cephalopods, which probably serve as excretory organs for this element. In fact, these organs have circulatory and excretory functions, since they are actively involved in the ultrafiltration of the haemolymph (Mangold et al. 1989). Accordingly, Cd that is

directly taken up in the cephalopod haemolymph through the gills could be excreted by these organs.

Following the dietary contamination of young and adult cuttlefish, loss kinetics were described by a 2component exponential model. The $T_{b1/2_c}$ of the elements were very short (≤ 1 d). In this case, the shortlived component would represent the unabsorbed fraction of the element which was directly eliminated with the faeces. Indeed, this loss rate corresponds quite well to the gut-residence time in both juvenile and adult Sepia officinalis, in which digestion is typically completed in ca. 15 h at 20°C (Boucaud-Camou 1973). Thus, the remaining radioactivity can be considered to be the absorbed fraction of the ingested dose. In adults, 41% of 65 Zn and 53% of 109 Cd from ingested mussels were readily incorporated into the tissues. These elements were absorbed to an even greater degree in juvenile cuttlefish, with assimilation efficiencies (AE) of 63% for 65 Zn and 62% for 109 Cd from ingested brine shrimp. These differences between juveniles and adults could be due to differences in efficiency of their digestive metabolism (Mangold 1989). However, since food type was different in the experiments with juveniles (fed brine shrimp Artemia sp.) and adults (fed mussels Mytilus edulis), it is difficult to determine whether the differences in elementary AE are due to different energetic needs of juvenile and adult cuttlefish or to differences in element bioavailability. Indeed, different storage and/or detoxification processes in mussels and brine shrimps could partially control metal bioavailability owing to the different physico-chemical speciation of the elements in the prey. In general, metals located in the soluble subcellular fraction (i.e. cytosol) are more bioavailable to higher trophic levels, whereas those bound to the insoluble subcellular fraction have a lower potential for transfer to predators (Reinfelder & Fisher 1991, Wallace & Lopez 1997). Likewise, it would be of interest to examine trace element assimilation efficiencies in cephalopods with respect to the subcellular location of the elements in each prey.

The biological half-life of ⁶⁵Zn was longer in juveniles than in adults, probably because the newly hatched cuttlefish incorporate large amounts of Zn in their cells to meet their metabolic needs. In this context, it was also expected that ¹⁰⁹Cd would have been retained more efficiently ($T_{\rm b1/2}$ = 257 d) than an essential element such as Zn. Cd was also strongly retained in the tissues of adults, with an estimated $T_{\rm b1/2}$ tending towards infinity. These very elevated retention capacities concerned almost exclusively the digestive gland. Indeed, the digestive gland retained 91 and 97 % of the total body burden of ¹⁰⁹Cd in juvenile and adult cuttlefish, respectively. Thus, assimilated Cd that is contained in the digestive gland may be considered as actually stored. The occurrence of Cd $T_{\rm b1/2}$ of the same time-scale order as the cuttlefish lifespan (1 to 2 yr in the Mediterranean: von Boletzky 1983) suggests that during their evolution cephalopods have developed a detoxification strategy favouring the storage of this toxic element instead of its elimination.

The high degree of Cd retention might thus be a result of a very efficient detoxification system which allows this toxic metal to be stored in a nontoxic form. Such a detoxification process could involve precipitation or co-precipitation of metals into metal-rich granules leading to a highly stable form. This sequestering process has been observed for heavy metals in several invertebrate species (Coombs & George 1978, Brown 1982, Taylor & Simkiss 1984). However, in cephalopods, subcellular investigations have shown that Cd is mainly associated with soluble (cytosolic) compounds, but that this proportion decreases when the concentration of total Cd increases in the organ (Bustamante et al. 2002). This is mainly due to the transfer and sequestration of Cd in the lysosomal system, which is very well developed in cephalopods. Nevertheless, neither ultrastructural nor microanalytical investigations have shown the presence of any granules in the digestive gland of squids or cuttlefish (Boucaud-Camou & Boucher-Rodoni 1983, Bustamante 1998).

Cd analyses of the digestive gland of adult cuttlefish which died during collection or acclimation period revealed Cd concentrations (18.6 \pm 7.3 µg g⁻¹ dry wt) similar to those measured in the same species from the Bay of Biscay (9.4 \pm 4.1 µg g⁻¹ dry wt: Bustamante 1998) and the English Channel (12.9 \pm 0.3 μ g g⁻¹ dry wt: Miramand & Bentley 1992). Given that 64 % of the total Cd in the digestive gland of Sepia officinalis from the Bay of Biscay were located in the soluble fraction of this organ (Bustamante et al. 2002), it is most likely that the accumulated ¹⁰⁹Cd was mainly bound to soluble compounds in the cuttlefish used in our experiments. Such an efficient detoxification system could involve cytosolic proteins such as metallothioneins as suggested by the chromatographic results obtained with different squid species (Tanaka et al. 1983, Finger & Smith 1987, Castillo & Maita 1991), but proteins with a high molecular weight (≥70 kDa) may play an important role in Cd detoxification, allowing cephalopods to accumulate high Cd levels (Tanaka et al. 1983, Finger & Smith 1987, Castillo & Maita 1991). The lower retention efficiency for Cd noted in juvenile cuttlefish (257 d vs infinity in adults) would result from the incomplete development of the digestive gland in early juveniles. Indeed the digestive gland is not yet fully grown (and thus not yet fully physiologically active) in juveniles, since its 2 segments are still separated by the anterior lobe of the inner yolk sack (Boucher-Rodoni et al. 1987). Interestingly, the structure of the digestive gland in juveniles appears to be similar to that of adults 30 d after hatching, and it becomes functional as soon as the cuttlefish begins to feed (i.e. 1 to 2 d after hatching). Thus, it would be of particular interest to compare the detoxification processes of Cd by cytosolic proteins in both juvenile and adult cephalopods.

In contrast to most marine invertebrates, which accumulate Cd mainly from seawater (Dahlgaard 1981, Nolan & Dahlgaard 1991, Fisher et al. 1996, Warnau et al. 1996), cephalopods such as Sepia officinalis accumulate Cd principally from food. Once incorporated, the fate of this metal is mainly controlled by the digestive gland, which acts as an efficient detoxification organ whatever the source of Cd (seawater, food, or sediment). This detoxification process occurs throughout the lifetime of the cephalopod, except during embryonic development. Results for Zn were very similar to those for Cd in juveniles contaminated through seawater and through food. However, a lower retention Zn in adults could be a result of displacement of this element from the cytosolic proteins in the digestive gland by other metals such as Cd.

Acknowledgements. We thank Dr S. von Boletzky from the Marine Station of Banyuls (France) for providing us with some of the cuttlefish eggs, N. Tevenin and P. Gilles from the Musée Océanographique (Monaco) for supplying adult cuttlefish, and Professor E. Boucaud-Camou for advice on rearing cuttlefish. M. W. is an Honorary Research Associate of the National Fund for Scientific Research (NFSR, Belgium). The Marine Environment Laboratory operates under a bipartite agreement between the International Atomic Energy Agency and the Government of the Principality of Monaco.

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Submitted: June 25, 2001; Accepted: October 30, 2001 Proofs received from author(s): March 22, 2002